



EBBSFLEET UNITED WOMEN & YOUTH

Introduction

Ebbsfleet United Women Football Club is committed to providing a safe environment for all players, coaches, volunteers, parents, guardians and spectators.

It will promote standards of health, safety and welfare within football and will ensure compliance with all relevant statutory provisions.

The Club will ensure that suitable and sufficient risk assessments are carried out, that procedures and safe systems are implemented in accordance with all current statutory provisions and that all reasonable and practical measures are taken to avoid risk.

Safe practices will be adopted, and continuous improvement will be sought through regular audits and reviews.

Appropriate instruction and training will be provided, together with adequate resources to ensure that the successful management of health and safety is carried out within the Club and that this policy is collectively implemented. This policy together with arrangements and procedures, will be reviewed regularly and revised and updated as necessary by the Committee.

Policy Details

To support our Health & Safety policy statement we are committed to the following duties:

- Undertake regular risk assessments of the locations that our players will train and play matches at, as well as any physical club premises and activities undertaken by the club.
- Create a safe environment by putting health & safety measures in place as identified by the assessment, prior to the commencement of any training, matches or spectator arrivals.
- Ensure that all coaches are given the appropriate level of training and education, by regularly assessing individual ability, dependant on age, maturity and development.
- Ensure that all members are aware of, understand and follow the club's health & safety policy.
- Ensure that normal operating procedures and emergency operating procedures are in place and known by all members.
- Provide access to adequate first aid equipment, and access to a qualified first aider at all times, either physically, or by telephone.
- Report any injuries or accidents sustained during any club activity.
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.



Health & Safety Policy Document

V.1.0 Summer 2023

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Club Member Responsibilities

As a club member you have a duty to:

- Take reasonable care for your own health & safety and that of others who may be affected by what you do, or not do.
- Co-operate with the club on health & safety issues.
- Correctly use all equipment provided by the club.
- Not interfere with or misuse anything provided for your health, safety or welfare.

Committee Responsibilities

- The Women's and Youth Committees must keep an up-to-date Health & Safety risk registers and share Emergency Contact Details with all interested parties.

First Aid

Each Team will be given a First Aid Kit and the Coach will ensure that the contents are checked before each match or training session, to ensure that the kit is complete, and the contents are in date.

At least one member of the Coaching team will be First Aid trained.

All Accidents where substantial first aid has been administered, and any head injuries, must be reported to the Club. An EUWFC Accident Form should be completed and sent to the Club Safeguarding Officer within 24 hours of the incident. A Copy of the Accident Form Template can be obtained from the Safeguarding Officer. Please email safeguarding.euwfc@gmail.com to obtain a copy.



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Risk Assessments

Each Coach will conduct a safety review of the area that they will be training in, and/or a pitch inspection before they start a match.

The safety review will consider:

- If the area is safe and clear of any potential hazards that could cause harm to anyone, including players, Club/match officials and spectators. This will include ensuring the surface is fit for purpose.

Playing conditions also need to be considered:-

- The playing conditions should not be too extreme to cause harm to the players. i.e., not too cold or too hot to play in. Compensating controls need to be considered, to ensure safety to all. i.e., regular drink breaks, in hot conditions, and less strenuous activities, and warmer layers of clothes to be worn and more active exercise for all players, need to be conducted for cold conditions.

Amendments of this Policy

We may amend this Policy at any time, however if we do, then we will inform you and will place a revised version of the Policy on the EUWFC Website.